

Bursting with great flavor and healthy ingredients, YumVs gives everyone something to truly smile about when taking their daily vitamins.

### YumVs. Healthy made Happy!

Other Ingredients: Glucose syrup, sugar, water, pectin, black carrot concentrate (color), trisodium citrate, natural flavor, carnauba wax.

Does not contain eggs, wheat (gluten), milk, peanuts, tree nuts, soy or shellfish. Produced in a nut free facility.

### KEEP OUT OF REACH OF CHILDREN

Suggested Use: As a dietary supplement, take two (2) gummies per day. Chew thoroughly before swallowing.

Do not exceed suggested serving size. If you have a medical condition, are taking medication, or are pregnant or nursing, ask a doctor before using. Not for children under 2 years of age due to risk of choking.

Do not use this product if safety seal under cap is torn or missing.

Store at room temperature. Avoid excessive heat. Color may change over time. This does not affect the potency of the product.

Distributed by Teelah Corp, Lakewood, NJ 08701  
Questions? Call 1-866-727-2483



M-F 9am - 5pm ET  
[www.yumvs.com](http://www.yumvs.com)  
Product of Israel

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\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



# MULTI FOR TEENS

with  
**BIOTIN &  
ANTIOXIDANTS**

HAIR, SKIN & NAILS\*

**60** Raspberry Flavor  
Gummies

Ⓢ  
DIETARY  
SUPPLEMENT



## Supplement Facts

Serving Size: 2 Gummies Servings Per Bottle: 30

Amount Per Serving	% Daily Value*
Calories 20	
Total Carbohydrates 5 g	2%
Total Sugars 3 g	**
Includes 3 g Added Sugars	6%
Vitamin A (as retinyl acetate) 1200 mcg	133%
Vitamin C (as ascorbic acid) 90 mg	100%
Vitamin D3 (as cholecalciferol) 10 mcg (400IU)	50%
Vitamin E (as dl-alpha tocopheryl acetate) 36 mg	240%
Niacin (as nicotinamide) 10 mg	63%
Vitamin B6 (as pyridoxine HCl) 2 mg	118%
Folate 333 mcg DFE (Folic acid 200 mcg)	83%
Vitamin B12 (as cyanocobalamin) 8 mcg	333%
Biotin 3000 mcg	10000%
Pantothenic acid (as D-calcium pantothenate) 10 mg	200%
Iodine (as potassium iodide) 80 mcg	53%
Zinc (as zinc citrate) 5 mg	45%
Sodium 5 mg	<1%

\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.