## **Supplement Facts**

Serving Size 2 Tablets

Magnesium

Servings per Bottle 60 Amount Per Serving % Daily Value

114%

Each tablet contains 400 mg of magnesium oxide, equivalent to approximately 240 mg of elemental magnesium.

480 ma

Other ingredients: microcrystalline cellulose, croscarmellose sodium, stearic acid, magnesium stearate, hypromellose, talc, titanium dioxide, PEG, wax.

Suggested use: Adults-Take 1 to 2 tablets daily as a dietary supplement, or as directed by a doctor. Do not exceed recommended dose.

Warnings: Consult a physician before use if you are taking any prescription drug or if you have kidney disease.

May have a laxative effect.





**ELEMENTAL MAGNESIUM 240 MG** PER TABLET **DIETARY SUPPLEMENT** 

Compare to active ingredient in MAG-OX® 400\*

120 COATED TABLETS

As with any supplement, if you are pregnant, nursing or taking medication, ask a health professional before use.

Keep out of reach of children. In case of overdose, get medical help or contact a Poison Control Center right away.

Tamper Evident: Do not use if imprinted seal under cap is missing or broken.

Store at room temperature

Product of India

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