Supplement Facts

Serving Size 1 Caplet

Amount	Per Serving	% DV
Vitamin A (as Acetate)	1,500 mcg	167%
Vitamin C (as Ascorbic Acid)	60 mg	67%
Vitamin D-3 (as Cholecalciferol)	10 mcg (400 IU)	50%
Vitamin E (as D-Alpha Tocopheryl Acetate)	9 mg	60%
Vitamin B-1 (as Thiamine Mononitrate)	1.5 mg	125%
Riboflavin (Vitamin B-2)	1.7 mg	131%
Niacin (as Niacinamide)	20 mg	125%
Vitamin B-6 (as Pyridoxine HCl)	2 mg	118%
Folate 667 mcg DFE (400 mcg	Folic Acid)	167%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	250%
Biotin	30 mcg	100%
Pantothenic Acid (as Calcium D-Pantothenate)	10 mg	200%
Calcium (as Dicalcium Phosphate)	60 mg	5%
Iron (as Ferrous Fumarate)	19 mg	106%
lodine (as Potassium lodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	60 mg	14%
Zinc (as Zinc Sulfate)	15 mg	136%
Selenium (as Sodium Selenate)	10 mcg	18%
Copper (as Cupric Sulfate)	2 mg	222%
Manganese (as Manganese Sulfate)	2 mg	87%
Chromium (as Chromic Chloride)	15 mcg	43%
Molybdenum (as Sodium Molybdate)	15 mcg	33%





MULTI-VITAMIN WITH MINERALS
DIETARY SUPPLEMENT

1000 CAPLETS

Other ingredients: cellulose, stearic acid, croscarmellose sodium, magnesium stearate, silica, hypromellose, PEG, PB&C pellow #6 lake, FD&C blue #1 lake, FD&C blue #2 lake, titanium dioxide and talc

Suggested use: Adults, as a dietary supplement, take one (1) caplet daily with water or as directed by a healthcare provider. Take with food if stomach upset occurs. Do not exceed suggested serving size.

As with any supplement, if you are pregnant, nursing, or taking medication, ask a health professional before taking this product.

Store at room temperature.

WARNING: Accidental overdose of iron-containing supplements is a leading cause of fatal poisoning in children under 6.

Keep this product out of reach of children.
In case of accidental overdose, call a doctor or
Poison Control Center immediately.

TAMPER EVIDENT: Do not use if imprinted seal under cap is missing or broken.

DIST. BY: GERI-CARE PHARMACEUTICALS CORP. 1295 Towbin Ave, Lakewood, NJ 08701 1-800-540-3765

REV 0622B

