Other Ingredients: Microcrystalline cellulose, stearic acid, gelatin. croscarmellose sodium, maltodextrin, hypromellose, acacia, polydextrose, crospovidone, titanium dioxide, starch, dicalcium phosphate, povidone, citric acid, magnesium stearate, sodium lauryl sulfate, talc, triglycerides, sucrose, silicon dioxide, mineral oil, triacetin, sodium ascorbate, BHT, tocopherols, sodium benzoate, FD&C Red #40 lake, FD&C Yellow #6 lake, sorbic acid and disodium EDTA. May also contain PEG and FD&C Blue #2 lake.

INDICATIONS: For use as a dietary supplement prior to conception. during pregnancy and during the postnatal period, for both the nursing and non-nursing mother.

> SUGGESTED USE: For adults, one tablet daily, preferably with food. Ask your health care provider before taking any supplements or medications

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN

In case of accidental overdose, call a doctor or Poison Control Center immediately.

Store at room temperature (59° - 86°F).

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Do not use if imprinted safety seal under cap is broken or missing

DIST. BY: GERI-CARE PHARMACEUTICALS CORP. 1295 Towbin Ave, Lakewood, NJ 08701 1-800-540-3765





FOR WOMEN BEFORE. **DURING & AFTER PREGNANCY**

MULTI-VITAMIN & MINERAL DIETARY SUPPLEMENT

100 TABLETS

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving		% DV*
Vitamin A (as Palmitate)	1,200 mcg	92%
Vitamin C (as Ascorbic Acid)	120 mg	100%
Vitamin D-3 (as Cholecalciferol)	10 mcg	67%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	13.5 mg	71%
Thiamin (as Thiamine Mononitrate)	1.8 mg	129%
Riboflavin (Vitamin B-2)	1.7 mg	106%
Niacin (as Niacinamide)	20 mg	111%
Vitamin B-6 (as Pyridoxine HCI)	2.6 mg	130%
	360 mcg DFE	227%
(000 mag Falia Asid)		

(800 mcg Folic Acid)

8 mca 286%

Calcium (as Calcium Carbonate)	200 mg	15%
Iron (as Ferrous Fumarate)	28 mg	104%
Zinc (as Zinc Oxide)	25 mg	192%

*% Daily Value (DV) for Pregnant and Lactating Women

Vitamin B-12 (as Cyanocobalamin)

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